

What to bring to your free assessment

About an hour. No charge, and no obligation to order.

Bring with you

- ☐ Hospital discharge slip
- ☐ X rays of the stump, if any
- ☐ List of medicines
- ☐ Recent sugar readings, if diabetic
- ☐ Your old artificial leg, even if broken
- ☐ The shoes or chappals you wear most days
- ☐ Shorts or loose clothing
- ☐ A family member who helps at home
- ☐ Your questions, written down

Send on WhatsApp first

- Amputation level and side, and the date of surgery
- The reason: accident, diabetes, circulation, infection
- Age, approximate weight, main health conditions
- Three clear photos of the stump: front, side, end
- A short video of the knee or hip being straightened

What we check

- Wound, scar and skin
- Shape, length and swelling of the stump
- Joint movement and muscle strength
- The other leg and foot
- Balance, hands and eyesight
- Heart, lungs, diabetes and medicines

What you leave with

- A clear recommendation, or an honest not yet
- A price range, then a written itemised quotation
- A home exercise programme
- A plan of dates

Good to know: women patients are welcome to bring a female relative into the room. The clinics are at Main University Road, Block 13-C, Gulshan-e-Iqbal, and Commercial Area, DHA Phase 2 Extension.